

FRESH START SHOWERS

Program Schedule

SITE	DATE	TIME	CITY
Jewish Family Services (Corner of Aero Dr. & Murphy Canyon Rd.)	1 st Monday of the month	6:00 - 8:30pm (for program participants)	San Diego
Educational Cultural Complex (ECC) (4343 Ocean View Blvd.)	1 st Wednesday of the month	11:00am – 2:00pm	San Diego
Crisis House (1034 Magnolia Ave.)	2 nd Wednesday of the month	1:00 – 4:00pm	El Cajon
TAY Academy YMCA (215 Barnes St.)	2 nd Friday of the month	12:00 – 3:00pm	Oceanside
Thriving Life Church (560 S. Melrose Dr.)	2 nd Saturday of the month	10:00am – 1:00pm	Vista
Dreams for Change (5605 Imperial Ave.)	3 rd Monday of the month	6:00 - 8:30pm (for program participants)	San Diego
Wesley Comm. Services (5380 El Cajon Blvd.)	3 rd Wednesday of the month	9:00am – 12:00pm	San Diego
Our Lady of Guadalupe Church (345 Anita St.)	3 rd Thursday of the month	10:00am – 1:00pm	Chula Vista
Newbreak OR The Rock Church	3 rd Saturday of the month	1:00 – 3:00pm	El Cajon
St. Paul's Episcopal Church (2728 6th Ave.)	4 th Monday of the month	9:00am – 12:00pm	San Diego
Meridian Baptist Church (660 S. 3rd St.)	4 th Wednesday of the month	3:30 – 6:00pm	El Cajon
Day of Hope (TBD)	4 th Friday of the month	10:00am – 1:00pm	Chula Vista

For more information, please contact:

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